

The Best Ever Conference!

Those who attended this year's conference and DOC AGM were treated to a very high level of lectures by experienced members who we are pleased to have with us at the DOC.

First up was my own lecture on chronic Fatigue Syndrome/ME, Fibromyalgia and associated illnesses.

Participants were shown the similarities between the illnesses as well as the differences along with a wide range of ways to treat patients. Power point slides will be shared with members who were unable to attend so they won't feel that they completely missed out. The slides will be available on my own site in due course and the DOC official site at www.orthopath.org.uk

Second up was the entrepreneurial, exuberant Bruce Band. We all knew he was going to bring something new to the table but we had no idea with what and how he was going to share his experiences with us.

YOU HAD TO BE THERE TO BELIEVE IT goes the saying!

An amazing treat is the best way to describe Bruce Band and his skilful but simple approach to the ancient art of the Bonesetter that has been brought into the Osteopathic realm. Being brought forward may be useful in many ways and our understanding of the body and disease has improved our knowledge beyond our wildest dreams in the last 100 years.

To be taken backwards by Bruce with his demonstrations how simple mechanics must not be forgotten when assessing the patient's spine was so refreshing. Bear in mind this practitioner has been paid to travel around the world many times treating such celebrities as ... we cannot name drop unfortunately but let's say some very, very wealthy people and actors as well as some less savoury characters.

One thing is for sure, the way Bruce goes about his treatment, it works and we were all given an amazing insight into The Art of the Bonesetter and the Scottish man himself. A delightful treat!

To finish the day, another insight into stress via the Luscher colour test was ably demonstrated by Michael Lingard. His knowledge of breathing, (or over breathing) is second to none and his continued and amazing success with patients suffering with asthma and pulmonary diseases is a joy to listen to.

Simple tests you can all do at home and with your patients demonstrate clear patterns of dysfunctional breathing that are involved in a wide range of illnesses. Simple breathing techniques show dramatic improvements.

Attendees were given amazing handouts on the subject to take back to their practice so they could implement them with their patients immediately.

The hotel staff and chef really did look after us all again equally as well as last year.

The evening dinner was of 5 star quality and those that stayed enjoyed a superb breakfast to set us all up for the Sunday morning.

First lectures at conferences are known to be drab affairs often this slot is known as the "grave yard slot" Not so!

Siggy Trefzer GP from Kent brought his broad based skills to the table with an in-depth lecture on connective tissue diseases and their effects on the body. This really was an intriguing lecture that would grace any conference anywhere in the world.

Some of the slides presented were of great detail that I for one was blown away but can now tackle these diseases with much more insight and knowledge that you cannot get from searching Pubmed on the internet. Siggy is a pleasure to hear and we at the DOC appreciate such an experienced GP and practitioner being a trusted member of our group. We are lucky to have him.

Bearing in mind these presentations take immeasurable hours to prepare by the speakers and all in their own time and unpaid. We are very grateful.

Not finished yet!

I myself have read many books on the effects of vaccinations and the argument for and against mass vaccination and this is a subject that brings up strong feelings in mothers and parents alike as well as professionals. Following the Dr Jayne Donegan talk on Sunday morning I now have the REAL STATISTICAL FACTS on childhood vaccinations and the political jargon that is put in the public domain to scare uneducated parents into the vaccination programme.

Her knowledge again was second to none and I would not like to take her on in court!

She knows her stuff as they say!

The ingredients that go into the vaccines & the so called placebos are scary!
Look up her site at www.jaynedonegan.co.uk she certainly is one of the best speakers we have had here at the DOC and she is carrying out a series of lectures throughout the country on varying different levels on this subject. A MUST SEE LECTURER if you want to know the REAL FACTUAL EVIDENCE.

More links on this will be posted in the Xmas edition so you don't miss out on the superb lecture. Finally Dennis Meakin finished off the weekend with his short lecture on Positional Release Technique which was enjoyed by all before closing the conference.

Medicine Cabinet Fibromyalgia

Bruce e-mailed me asking if I knew of any medicine that could help with a patient with fibromyalgia pains. I duly sent him information on the Noni from Nutramedix and Biotta Breuss juice with fermented lactic acid.

His patient, after seeing different consultants with little improvement took the medicine for two weeks and has reduced her pain factor immensely.

Noni from Nutramedix (only) www.nutramedix.com or at www.renewalenterprises.com

Biotta Breuss juice from Good Health Naturally. ONLY buy the juice which has "fermented lactic acid" on the label.

Sports patients, marathon runners ALL have faster training performances, race time improvements and recovery rates on this medicine.

GRCCT Advice

ADVISORY RELEASE

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Advertising Standards Authority

Extension of remit relative to practitioners of Complementary Medicine

On 1st March 2011 the Advertising Standards Authority (ASA) extended its voluntary remit to -paid-for space online under their control."

The Advertising Standards Authority (ASA) and the Committee of Advertising Practice (CAP) are self regulatory bodies. Adherence to their requirements is not mandated under law. ASA and CAP are funded by voluntary levy and their operation is based on an agreement between advertisers, agencies and the media owners

The ASA has no statutory power of enforcement and consumer protection regulations remain unchanged.

There is no requirement under law for practitioners of complementary medicine to follow instruction from ASA.

There is no requirement under law for practitioners of complementary medicine to respond to communication from ASA.

English law allows actions for libel to be brought in the High Court for any published statements which are alleged to defame a named or identifiable individual (or individuals) in a manner which causes them loss in their trade or profession, or causes a reasonable person to think worse of him, her or them.

GRCCT look forward to working with CAP on a revised code more appropriate to public protection in relation to providers of Complementary Therapy.

Concerns in regard to false or misleading statements can be addressed to the Office of Fair Trading who may exercise their long existing powers of action under the Trading Standards legislation

Concerns in regard to treatment or practitioner competence for nationally regulated Complementary Therapies should be addressed to the GRCCT.

Notes for Editors:

The GRCCT is the larger of the two voluntary regulatory bodies for practitioners of Complementary Medicine in the UK. The Complementary Therapies regulated by GRCCT are practised by in excess of 50,000 practitioners in the UK. www.GRCCT.org Tel: 0870 3144031 Media: 0701 701 4444

Sincerely,

Stephen Allen, Democratic Orthopathic Council

